



## Health Questionnaire

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Who referred you/How did you find us? \_\_\_\_\_

Medical: Are you currently or within the last year under any Doctors care?  No  Yes

If Yes, Please Explain: \_\_\_\_\_

Health Problems:  Diabetes  Thyroid  Heart  Cancer  Epilepsy  High/Low Blood Pressure  HIV  Other

Have you undergone surgery recently?  No  Yes \_\_\_\_\_

Do you have any metal implants?  No  Yes Please list: \_\_\_\_\_

Medications/Vitamins/Supplements? Please list all & why: \_\_\_\_\_

Do you smoke?  No  Yes

Do you exercise regularly?  No  Yes

What is your daily consumption of: Water \_\_\_\_\_(oz.) Coffee/Tea \_\_\_\_\_(oz.) Alcohol \_\_\_\_\_(oz.) Soft Drinks \_\_\_\_\_(oz)

Areas of concern for skin care: \_\_\_\_\_

What water temperature do you cleanse with?  Cold  Warm  Hot

Do you ever experience skin break-outs?  No  Yes

Blush easily?  No  Yes

Sunburn easily?  No  Yes

Redness Tendency?  No  Yes

Massage Preference?  Firm  Med  Light

Pain Threshold?  High  Med  Low

**Female Clients Only:** Are you pregnant or trying to become pregnant?  No  Yes

Are you due for your menstrual period within the next week?  No  Yes

**HAVE YOU EVER HAD AN ALLERGIC REACTION? (Including foods, medications, etc..)**

No  Yes (if yes please explain) \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_